



## Week Three Menu

WC: 30<sup>th</sup> august, 20<sup>th</sup> September, 11<sup>th</sup> October 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BEEF MEATBALLS IN TOMATO SAUCE WITH RICE	CHICKEN & SWEETCORN PIE WITH NEW POTATOES	ROAST CHICKEN with ROAST POTATOES & GRAVY	BEEF SPAGHETTI BOLOGNESE	FISH FINGERS & CHIPS
VEGETARIAN	CHEESE & TOMATO PASTA BAKE	VEGETARIAN MEATBALLS IN TOMATO SAUCE WITH RICE	VEGETARIAN COWBOY PIE – VEG SAUSAGES WITH BEANS TOMATOES WITH A PASTRY TOPPING	MIXED BEAN FAJITA	VEGETABLE NUGGETS & CHIPS
SIDE DISH	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
DESSERTS	CHOCOLATE COOKIE	APPLE SPONGE & CUSTARD	ICED LEMON SPONGE	SULTANA OATY COOKIE	FRUITY FRIDAY



# School Lunch menu

### AVAILABLE DAILY:

Home Baked Bread, Seasonal Fresh Fruit, Yoghurt, & Water

### Our Menu

With this menu we continue with our achievement of Food for

Our menus meet or exceed government food standards for

Food for Life Bronze which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

School meals do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat and are nut free.

For more information on the award please visit [foodforlife.org.uk/schools](http://foodforlife.org.uk/schools)





## Week One Menu

WC: 6<sup>th</sup> September, 27<sup>th</sup> September, 17<sup>th</sup> October 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PORK SAUSAGE MASH & GRAVY	CHICKEN & TOMATO PASTA	ROAST GAMMON, ROAST POTATOES & GRAVY	BEEF LASAGNE	FISH FINGERS & CHIPS
VEGETARIAN	MACARONI CHEESE	VEGETARIAN SAUSAGE MASH & GRAVY	ROAST VEGETABLE FRITTATA & ROAST POTATOES	JACKET POTATO WITH CHEESE & BEANS	VEGETABLE FINGERS & CHIPS
SIDE DISH	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
DESSERTS	FLAPJACK	BANANA TRAYBAKE	SHORTBREAD	CHOCOLATE BROWNIE	FRUITY FRIDAY

### AVAILABLE DAILY:

Home Baked Bread, Seasonal Fresh Fruit, Yoghurt, & Water



## Week Two Menu

WC: 13<sup>th</sup> September, 4<sup>th</sup> October 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	HAM PIZZA with OVEN BAKED WEDGES	MILD CHICKEN CURRY & RICE	ROAST TURKEY, ROAST POTATOES & GRAVY	ALL DAY BREAKFAST – EGG, BEANS POTATOES, FRESH TOMATO WITH BACON	FISH FINGERS & CHIPS
VEGETARIAN	SHEPHERDESS PIE	CHEESE & TOMATO PIZZA with OVEN BAKED WEDGES	CHEESE & BAKED BEAN PUFF, ROAST POTATOES & GRAVY	VEGETARIAN SPAGHETTI BOLOGNESE	VEGETABLE FINGERS & CHIPS
SIDE DISH	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
DESSERTS	APPLE CRUMBLE & CUSTARD	CINNAMON OATY COOKIE	VANILLA ICECREAM	JAM TART	FRUITY FRIDAY

### AVAILABLE DAILY:

Home Baked Bread, Seasonal Fresh Fruit, Yoghurt & Water